**The Seven Psychological Perspectives: Individual: 1-7**

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| Rank | Perspective | Simple Description. |
|  | Biological Perspective | The best way to understand psychology is to look at how the human brain functions. |
|  | Evolutionary Perspective | Human behaviour is based on millions of years of evolution. The best way to study psychology is by looking at how behaviors evolved. |
|  | Humanistic Perspective | Everyone is looking for love and fulfillment. The purpose of psychology should be to help people reach their potential. |
|  | Psychodynamic Perspective | Humans are controlled by their unconscious mind. The best way to understand psychology is to look at the unconscious mind. |
|  | Behavioral Perspective | We can never really see into someone’s mind. Therefore, psychology should only study observable behaviors. |
|  | Cognitive Psychology | Humans are really just very complex computers. The best way to understand psychology is to understand how we “process” information. |
|  | Socio-Cultural | Humans are the product of their environment. The best way to understand psychology is to look at the environment and culture that surround a person. |

**The Seven Psychological Perspectives: Group: 1-7**

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| Rank | Perspective | Simple Description. |
|  | Biological Perspective | The best way to understand psychology is to look at how the human brain functions. |
|  | Evolutionary Perspective | Human behaviour is based on millions of years of evolution. The best way to study psychology is by looking at how behaviors evolved. |
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|  | Socio-Cultural | Humans are the product of their environment. The best way to understand psychology is to look at the environment and culture that surround a person. |